## <u>LITTLE PEOPLE'S PLACE – MENU</u>

BREAKFAST	MIDMORNING SNACK	LUNCH	AFTERNOON SNACK		
WEEK 1					
ROOIBOS TEA MAIZE MEAL PORRIDGE	FRUIT IN SEASON	BEEF MEATBALLS (contains egg) RICE	FRUIT IN SEASON		
	PEANUT BUTTER / BOVRIL /	VEGETABLES IN SEASON	PEANUT BUTTER / BOVRIL /		
ROOIBOS TEA	MARGARINE SANDWICHES	CHICKEN BREAST STEW	MARGARINE SANDWICHES		
MALTABELLA PORRIDGE		SPAGHETTI (contains gluten)			
	FRUIT JUICE	MIXED VEGETABLES	FRUIT JUICE		
ROOIBOS TEA		MACARONI & CHEESE BAKE WITH TUNA			
OATS		(contains gluten, milk & egg)			
		TOMATO & CUCUMBER SALAD			
ROOIBOS TEA		BEEF MINCE			
MAIZE MEAL PORRIDGE		RICE			
		MIXED VEGETABLES			
ROOIBOS TEA		SAUSAGE ROLLS or FISH FINGERS			
MALTABELLA PORRIDGE		(contains gluten)			
		MASHED POTATO & PEAS			
		DESSERT - ICE-CREAM			

BREAKFAST	MIDMORNING SNACK	LUNCH	AFTERNOON SNACK		
WEEK 2					
ROOIBOS TEA	FRUIT IN SEASON	BOLOGNAISE MINCE	FRUIT IN SEASON		
OATS PORRIDGE		SPAGHETTI (contains gluten)			
	PEANUT BUTTER / BOVRIL /	VEGETABLES IN SEASON	SANDWICHES		
ROOIBOS TEA	MARGARINE SANDWICHES	CHICKEN A-LA-KING	FRUIT JUICE		
MAIZE MEAL PORRIDGE		RICE			
	FRUIT JUICE	MIXED VEGETABLES			
ROOIBOS TEA		MACARONI & CHEESE BAKE WITH TUNA			
MALTABELLA PORRIDGE		(contains gluten, milk & egg)			
		TOMATO & CUCUMBER SALAD			
ROOIBOS TEA		BOEREWORS			
OATS PORRIDGE		MASHED POTATOES			
		CARROTS			
ROOIBOS TEA		VIENNA'S or FISH FINGERS			
MAIZE MEAL PORRIDGE		CHIPS			
		TOMATO & CUCUMBER SALAD			
		DESSERT – JELLY & CUSTARD			