

LITTLE PEOPLE'S PLACE MONTESSORI PRESCHOOL / KLEUTERSKOOL MENU 2022

BREAKFAST	MIDMORNING SNACK	LUNCH	AFTERNOON SNACK
WEEK 1			
ROOIBOS TEA MAIZEMEEL PORRIDGE	FRUIT IN SEASON	BEEF MEATBALLS RICE VEGETABLES IN SEASON	FRUIT IN SEASON
ROOIBOS TEA MALTABELLA PORRIDGE	PEANUT BUTTER / BOVRIL / MARGARINE SANDWICHES	CHICKEN BREAST & SPAGHETTI PASTA VEGETABLES IN SEASON	JAM / PEANUT BUTTER / MARGARINE SANDWICHES
ROOIBOS TEA OATS	FRUIT JUICE	MACARONI & CHEESE BAKE WITH TUNA (contains egg) TAMATO & CUCUMBER SALAD	FRUIT JUICE
ROOIBOS TEA MAIZEMEEL PORRIDGE		DESERT – ICECREAM	
ROOIBOS TEA MALTABELLA PORRIDGE		CHICKEN A-LA-KING RICE VEGETABLES IN SEASON	
		FISH FINGERS MASHED POTATO	

BREAKFAST	MIDMORNING SNACK	LUNCH	AFTERNOON SNACK
WEEK 2			
ROOIBOS TEA MAIZEMEEL PORRIDGE	FRUIT IN SEASON	BOLOGNAISE MINCE SPAGHETTI VEGETABLES IN SEASON	FRUIT IN SEASON
ROOIBOS TEA MALTABELLA PORRIDGE	PEANUT BUTTER / BOVRIL SANDWICHES	MACARONI & CHEESE BAKE WITH CHICKEN (contains egg) SALAD	JAM / BUTTER SANDWICHES
ROOIBOS TEA OATS	FRUIT JUICE	BOEREWORS MASHED POTATO VEGETABLES IN SEASON	FRUIT JUICE
ROOIBOS TEA MAIZEMEEL PORRIDGE		DESERT - JELLY & CUSTARD	
		CHICKEN A-LA-KING RICE VEGETABLES IN SEASON	

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ROOIBOS TEA MALTABELLA PORRIDGE		SAUSAGE ROLLS & CHIPS FRESH TAMATO	
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