



DAY PROGRAMME 3 - 6 YEAR CLASS

06:30 – 07:30 RECEIVE CHILDREN / FREE PLAY – ART & PUZZLES

Medicine received from parents need to be written down in the medicine file for the parents to sign. Communication between parent & teacher regarding the child's night and special requests will be noted during this time.

07:30 – 08:00 BREAKFAST & TOILET ROUTINE

The school provides cooked porridge and rooibos tea.

08:00 – 08:30 MORNING CIRCLE & MIND-MOVES EXERCISE PROGRAM

Calendar, weather chart, bible & prayer. Mind-moves is a gross-motor, brain integration exercise program.

08:30 – 10:00 WORK CYCLE

Individual Montessori exercises are presented to each child according to their individual weekly lesson planning.

The children choose their own work from different areas namely: Practical life, Sensorial, Geometry, Language, Mathematics and Knowledge & Understanding of the World.

10:00 – 10:30 SNACK TIME & TOILET ROUTINE

School provides a bread & fruit snack and juice.

10:30 – 11:00 THEME DISCUSSION

Circle discussions of different topics, e.g. the dessert, our solar system, different animals etc. Presentations, props and experiments. Theme for the week according to the termly planner.

11:00 – 12:15 OUTSIDE PLAY & TOILET ROUTINE

Different extramural activities take place during this time. One activity per day. E.g. Ballet, Dance-Mouse, Playball, Mini-Music. Therapy classes E.g. Occupational Therapy / Speech & Language Therapy – individual classes.

12:15 – 12:45 STORYTIME

Alternate between English & Afrikaans stories.

12:45 – 13:15 LUNCHTIME & TOILET ROUTINE

The school provides a cooked, well balanced meal and juice.

13:15 – 14:45 NAPTIME

14:45 – 16:15 TOILET ROUTINE / OUTSIDE PLAY / BREAD, FRUIT & JUICE SNACK

Children play outside while being fetched by parents during this time.

16:15 – 17:30 INSIDE PLAY / ART & CRAFTS / BLOCKS & PUZZLES

Pick-up time, school closes at 17:30