

LITTLE PEOPLE'S PLACE MONTESSORI PRESCHOOL / KLEUTERSKOOL MENU

BREAKFAST	MIDMORNING SNACK	LUNCH	AFTERNOON SNACK
WEEK 1			
ROOIBOS TEA MAIZEMEEL PORRIDGE	FRUIT IN SEASON	BEEF MEATBALLS RICE VEGETABLES IN SEASON	FRUIT IN SEASON
ROOIBOS TEA MALTABELLA PORRIDGE	PEANUT BUTTER / BOVRIL SANDWICHES	CHICKEN BREAST & SPAGHETTI PASTA VEGETABLES IN SEASON	JAM / BUTTER SANDWICHES
ROOIBOS TEA OATS	FRUIT JUICE	MACARONI & CHEESE BAKE WITH MINCE (contains egg) TAMATO & CUCUMBER SALAD	FRUIT JUICE
ROOIBOS TEA MAIZEMEEL PORRIDGE		DESERT – ICECREAM	
ROOIBOS TEA MALTABELLA PORRIDGE		CHICKEN A-LA-KING RICE VEGETABLES IN SEASON	
ROOIBOS TEA MALTABELLA PORRIDGE		FISH FINGERS CHIPS	

BREAKFAST	MIDMORNING SNACK	LUNCH	AFTERNOON SNACK
WEEK 2			
ROOIBOS TEA MAIZEMEEL PORRIDGE	FRUIT IN SEASON	BOLOGNAISE MINCE SPAGHETTI VEGETABLES IN SEASON	FRUIT IN SEASON
ROOIBOS TEA MALTABELLA PORRIDGE	PEANUT BUTTER / BOVRIL SANDWICHES	MACARONI & CHEESE BAKE WITH CHICKEN (contains egg) SALAD	JAM / BUTTER SANDWICHES
ROOIBOS TEA OATS	FRUIT JUICE	BOEREWORS MASHED POTATO VEGETABLES IN SEASON	FRUIT JUICE
		DESERT - JELLY & CUSTARD	

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ROOIBOS TEA MAIZEMEEL PORRIDGE		CHICKEN A-LA-KING RICE VEGETABLES IN SEASON	
ROOIBOS TEA MALTABELLA PORRIDGE		SCRAMBLED EGG & TOAST FRESH TAMATO	