

# DAY PROGRAMME 1 - 3 YEAR CLASS

### 06:30 - 07:30 RECEIVE CHILDREN / FREE PLAY - ART & PUZZLES / OUTSIDE

Medicine received from parents need to be written down in the medicine file for the parents to sign. Communication between parent & teacher regarding the child's night and special requests will be noted during this time.

### 07:30 - 08:15 BREAKFAST & TOILET / NAPPY ROUTINE

The school provides cooked porridge and rooibos tea.

### 08:15 - 08:45 MORNING CIRCLE & THEME DISCUSSION

Calendar, weather chart, bible & prayer. Circle theme discussions of different topics, presentations, props and experiments.

#### 08:45 - 10:15 WORK CYCLE

Individual Montessori exercises are presented to each child according to their individual weekly lesson planning.

The children choose their own work from different areas namely: Practical life, Sensorial, Geometry, Language, Mathematics and Knowledge & Understanding of the World as prepared for the 1-3 year environment.

### 10:15 - 10:45 SNACK TIME & TOILET / NAPPY ROUTINE

School provides a bread & fruit snack & juice.

### 10:45 - 12:15 OUTSIDE PLAY & TOILET / NAPPY ROUTINE

### 12:15 - 12:45 STORYTIME / RHYMES & SINGING

Alternate between English & Afrikaans stories, rhymes & songs.

#### 12:45 - 13:15 LUNCHTIME

The school provides a cooked, well balanced meal and juice.

#### 13:15 - 14:45 NAPTIME

14:45 - 15:00 TOILET / NAPPY ROUTINE

## 15:00 - 16:00 OUTSIDE PLAY / FREE PLAY / BREAD, FRUIT & JUICE SNACK

Children play outside while being fetched by parents during this time.

# 16:00 - 17:30 INSIDE PLAY / ART, BLOCKS & PUZZLES / MUSIC & CRAFTS

Pick-up time - school closes at 17:30